

Greenwood Associates Classification System Certificate Examination

Instructions

Welcome to the GACS System Certificate Exam.

The following exam will assess your understanding of the material taught in this training program. You will want to review the material in the training manual prior to taking the exam. Successful completion requires a score of 80% or better in order to receive the GACS Training Program Certificate of Completion.

There is no time limit on the exam and you may leave the exam and return to where you left off at any time. You may change your answer to a question at any time before you hit the SUBMIT button by clicking on a different answer. Once you hit SUBMIT, your answer will be graded and recorded. You can review the entire exam and your answers by clicking the tab on the right hand side of the screen.



Questions

Multiple Choice, 3 points

1. How many levels of care are there in the GACS System?

- 6 5
 3 4

Multiple Choice, 3 points

2. A SM client that is easily annoyed, abuses alcohol, uses excessive profanity, is loyal to delinquent youth, and is truant at school has what level of severity?

- Mild Moderate
 Severe None of the above

Multiple Choice, 3 points

3. Which of the following is NOT one of the top predictors of successful treatment but is still important to know?

- Coping skills Type of problem
 Time of onset Severity of the problem

Multiple Choice, 3 points

4. If the Socially Maladjusted (SM) behavior continues into adolescence and the client develops a mood disorder on top of it, we identify this type of client as the following:

- SM SM with ED
 ED with SM ED

True/False, 3 points

5. An Emotionally Disturbed (ED) client typically is seeking to have a relationship with staff and does well in individual therapy.

- True False

Multiple Choice, 4 points

6. If a client needs a staff to child ratio of approximately 1:10 but no full time psychiatrist on staff, an individualized plan of treatment with measurable objectives, weekly individual and biweekly family therapy, and a secure campus, s/he would need what level of care?

- Medical model - Level 1 Transitional boarding school - Level 4
 Residential treatment center - Level 2 Therapeutic boarding school - Level 3

Multiple Choice, 3 points

7. Which of the following is NOT exhibited by the Emotionally Disturbed (ED) client?

- Is easily hurt
- Is ignored or rejected by his/her peers
- Is street-wise
- Acts young for his/her age

Multiple Choice, 4 points

8. If a client needs a psychiatrist facility where treatment is directly supervised by a psychiatrist who is a full time staff member, s/he would need what level of care?

- Medical model - Level 1
- Therapeutic boarding school - Level 3
- Transitional boarding school - Level 4
- Residential treatment center - Level 2

Multiple Choice, 4 points

9. When you want your client to have more opportunities to practice their new skill than needing to be taught new skills, you are looking at what level of care to provide for them?

- Medical model - Level 1
- Therapeutic boarding school - Level 3
- Residential treatment center - Level 2
- Transitional boarding school - Level 4

Multiple Choice, 3 points

10. A Socially Maladjusted or SM client has a disorder that is one of the following:

- Psychological disorder
- Sociological disorder
- Personality disorder
- Schizophrenic disorder

Multiple Choice, 3 points

11. If the Emotional Disturbance (ED) is left untreated and the client is now exhibiting acting out behaviors, we identify this type of client as the following:

- SM with ED
- ED
- ED with SM
- SM

Multiple Choice, 3 points

12. Which type of mental disorder did Clarizio find had the best treatment outcome?

- Emotionally disturbed clients
- Socially maladjusted clients
- ED with SM
- SM with ED

Multiple Choice, 3 points

13. Which is NOT a critical variable for follow up of your client while in treatment?

- Rapport with the therapist
- Engagement in family therapy
- Rapport with peers
- Willing to follow the rules

Multiple Choice, 4 points

14. When you want your client to have at least 85% of their time spent doing school work, you are looking to place them in what level of care?

- Therapeutic boarding school - Level 3 Residential treatment center - Level 2
 Medical model - Level 1 Transitional boarding school - Level 4

True/False, 3 points

15. Teenagers cope more or less well for internal reasons.

- True False

Multiple Choice, 3 points

16. We often lovingly refer to clients that are Emotionally Disturbed as:

- Foxes Bunnies
 Ferrets Cats

Multiple Choice, 3 points

17. An Emotionally Disturbed or ED client has a disorder that is one of the following:

- Personality disorder Psychological disorder
 Sociological disorder Schizophrenic disorder

Multiple Choice, 3 points

18. Which one is a predictor of a successful treatment outcome?

- Intellectual ability Type of problem or condition
 The time of onset of the disorder All of the above

Multiple Choice, 3 points

19. A program that treats clients who are ED will focus on all but one of the following:

- Self control Emotional regulation
 Assertiveness training Cooperation with others

Multiple Choice, 3 points

20. A residential treatment program is what level of care?

- Level 3 Level 1
 Level 2 Level 4

Multiple Choice, 3 points

21. Which of the following is NOT exhibited by the Socially Maladjusted (SM) client?

- Shows little remorse for his/her norm violating behaviors
- Is aware that it is his/her problem
- Is non compliant and hostile
- Has bad companions, same age or older

Multiple Choice, 3 points

22. A program that treats clients who are SM will focus on all but one of the following:

- Character development
- Responsibility
- Anxiety reduction
- Empathy

Multiple Choice, 3 points

23. According to the literature, how many sources of information should you draw from before arriving at a client GAF?

- 4
- at least 2
- 5
- at least 3

True/False, 3 points

24. A Socially Maladjusted (SM) client typically has a lack of attachment to staff and does best in group therapy.

- True
- False

Multiple Choice, 3 points

25. The modal age for the ED youth is:

- 6-8 years of age
- 14 years of age
- 12 years of age
- None of the above

Multiple Choice, 3 points

26. If a client is coming out of a clinical wilderness program,s/he will typically go to what levels of care?

- 3 or 4
- 4 or 5
- 1 or 2
- 2 or 3

True/False, 3 points

27. Parents can subject their children to more stress and strain and they can still be successful when their teenagers have less coping ability.

- True
- False

